**BOYS FLAG FOOTBALL INTRAMURAL INFORMATION**

-Before a student can try out for any sport or intramural program’s they must fulfill **ALL** requirements before they are allowed to participate.

**-Once you have been cleared to tryout or participate for 1 athletic team, you do not have to submit these items again if you want to tryout or participate for another athletic team. Please check with Coach Lance to make sure nothing has changed with your athletic paperwork.** [**Lanced@pcsb.org**](mailto:Lanced@pcsb.org)

-These items and other information can be found on our Seminole Middle School website, under Athletics.

**There are 3 items that must be completed and turned in before trying out:**

1. **Middle School Activities Participation form**: Must be filled out by parents/guardian(s) and signed by **BOTH** parent/guardian(s) and student.
2. **Pre-Participation Physical Form**
   1. You may use this form or one from your doctor’s office.
   2. Either form you use, the guardian(s) must fill out the **medical history side AND sign it**.
   3. Please make sure your doctor fills out the examination side and they **sign AND date it**.
   4. Physicals are good for 1 calendar year.
3. **Student Accident Insurance**: All students are required to purchase middle accident school insurance. It can be found online at the Pinellas County School Board Web Site. [www.pcsb.org/Studentinsurance](http://www.pcsb.org/Studentinsurance) Scroll to the bottom of the page, click HERE to enroll. Info attached to the packet.
   1. When you complete this process, you will need to **print a confirmation page** to be turned in with other forms.

* For Home school students or Madeira Beach Fundamental school students who live in our school zone can participate in our athletic programs. You will need to fill out these forms plus you will need to fill out the Co-Enrollment form and submit it to the county office. Then you will have to contact our front office to confirm everything is cleared. Please contact the coaches about this ahead of time so we can help in the process.

**IMPORTANT**- A Student **WILL NOT** be allowed to tryout or participate if all 3 items are not completed and turned in, **NO EXCEPTIONS**!

Boys Flag Football Intramural Information:

Time: 4:30 pm – 5:30 pm

Location: Seminole Middle School PE field

Dates: February 5th, 12th, 19th, 26th. March TBA

-Each player must have their own MOUTH-PIECE AND WATER BOTTLES. Football cleats allowed, but no metal cleats.

-Players can be picked up by the Pool area near the Oak trees off 86th ave. All spectators must stay outside the fences.

-Flag Football Tryouts: March TBA

Head Coach: Coach Lance

Email: [l**anced@pcsb.org**](mailto:lanced@pcsb.org)